



December Housing Catalogue

December 2025



REGISTERED
NDIS
PROVIDER

MOC
My Own Care
CARE YOU CAN TRUST



Supported Independent Living (SIL)



Specialist Disability Accommodation



Community Nursing Care



Social & Community Participation



Industry-leading Assurance Programs



24/7 Emergency Support



SA owned and operated

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Our Story

Our Values

We are not just another NDIS Provider.

We are a passionate and unique collective of support workers, housing providers and healthcare professionals who genuinely care.

We are different.

We are guided by values that shape every aspect of our work. These principles are the heart of what we do. They inspire us to provide the highest quality of support for every individual.

These values make us unique and drive us to provide care that goes above and beyond. We're here to make a positive difference in your life by upholding these values.

We are My Own Care. We are care you can trust.



Compassion

We believe that proper care starts with kindness and understanding. Every person we support is treated with warmth, empathy, and respect so they feel valued and cared for.



Trust

Our clients trust us, and we work daily to earn that trust. We are dedicated to transparency and reliability. We make sure that everyone we support feels secure in our care.



Empowerment

We focus on empowering our clients to live as independently as possible. We help disabled individuals achieve their goals and lead fulfilling lives by encouraging personal growth and confidence.



Excellence

We aim for the highest standards in everything we do, from the quality of our services to the professionalism of our team. Our commitment to excellence ensures that you receive the best care every step of the way.

Assurance Programs



Weekly

Face-to-face meeting with every NDIS Participant and a My Own Care Service Manager.



Monthly

Written stakeholder report from My Own Care on every NDIS Participant which details their progress and if applicable, any proposed changes in care.



Quarterly

Face-to-face group meeting with every NDIS Participant, their stakeholders/loved ones, a My Own Care Service Manager and the My Own Care General Manager.



Right House, Right Client

We want all NDIS Participants to feel safe, secure and comfortable in their My Own Care accommodation. We therefore pair all NDIS Participants with houseguests that are of the same, age, gender and interests.



Support Worker Match-Up

Finding the right Support Worker is a lot like finding your best friend. We will strive to find the right match based on the needs, interests and hobbies of the NDIS Participant.



Safe & Secure

While we always strive to ensure a clear choice and control mindset, we also want all NDIS Participants to feel safe, secure and comfortable in their home. We therefore put NDIS Participants together with people of the same gender.



Young & Young At Heart

We want all NDIS Participants to bond and mix well with their fellow houseguests, after all, they'll be spending a fair amount of time together. We therefore put NDIS Participants together with people of the same age range.



Houseguest Match-Up

We will always strive to ensure all NDIS Participants live with houseguests who have similar interests, whether it be cooking, music, gaming or maybe even quiet reading.



Property Features



SDA



Supported Independent Living



2 Bedrooms + OOA



3 Bathroom



Shared 1:2 Care



Suit Male/Female occupant



Brompton



Garden maintained



Partnership with JustSDA Management





Property Features



SDA



Supported Independent Living



2 Bedrooms + OOA



2 Bathroom



Shared 1:2 Care



Suit Male/Female occupant



Modbury



Garden maintained



Partnership with JustSDA Management





Property Features



SDA



Supported Independent Living



2 Bedrooms + OOA



3 Bathroom



Shared 1:2 Care



Suit Male/Female occupant



Morphett Vale



Garden maintained



Partnership with SDA Living





Property Features



SDA



Supported Independent Living



3 Bedrooms + OOA



3 Bathroom



Shared 1:3 Care



Suit Male/Female occupant



Onkaparinga Heights



Garden maintained





Property Features



Non-SDA



Assistance with Daily Life



3 Bedrooms



1 Bathroom



Non-shared ADL Care



Suit Male/Female occupant



Craigmore



Garden maintained





Property Features



Non SDA



Assistance with Daily Life



3 Bedrooms



1 Bathroom



Non-shared ADL Care



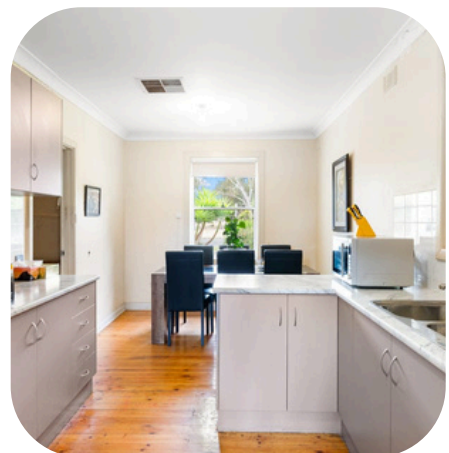
Suit Male occupant



Daveron Park



Garden maintained





Property Features



Non-SDA



Assistance with Daily Life



2 Bedrooms



1 Bathroom



Shared ADL Care



Suit Female occupant



Old Reynella



Garden maintained





Property Features



Non-SDA



Supported Independent Living



2 Bedrooms + OOA



1 Bathroom



Shared 1:2 Care



Suit Male/Female occupant



Paralowie



Garden maintained





Property Features



Non-SDA



Assistance with Daily Life



3 Bedrooms



1 Bathroom



Shared ADL Care



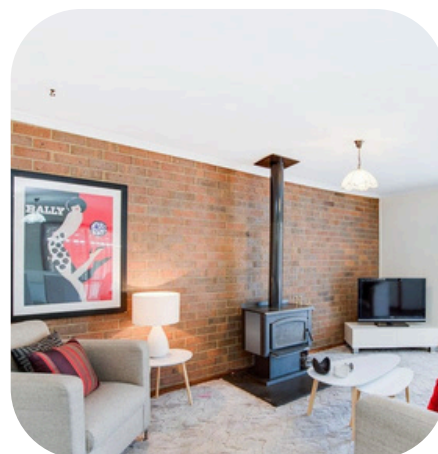
Suit Male/Female occupant



Para Vista



Garden maintained





Property Features



Non-SDA



Supported Independent Living



3 Bedrooms + OOA



1 Bathroom



Shared 1:3 Care



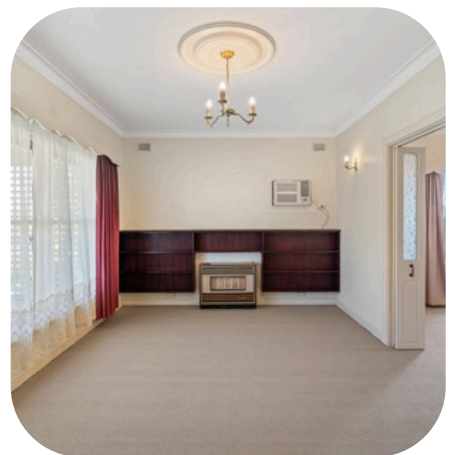
Suit Male/Female occupant



Plympton Park



Garden maintained





Property Features



Respite



Supported Independent Living



2 Bedrooms + OOA



1 Bathroom



Shared 1:2 Care



Suit Male/Female occupant



Athelstone



Garden maintained



